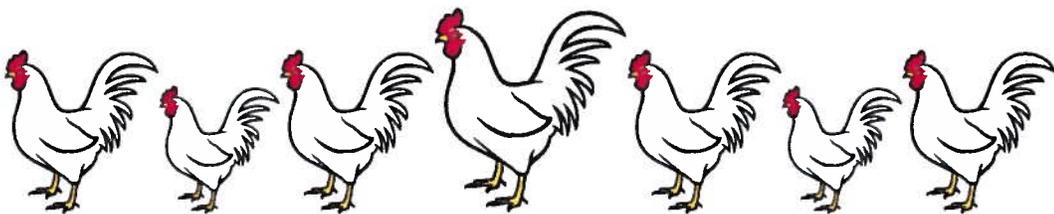




# Chicken

## Pasture Raised & Fed a GMO and Medication Free Diet

At The Procter Center, we strive for sustainability. Our chickens are raised on pasture in a chicken tractor. Our chicken tractor is a lightweight, movable chicken coop built out of PVC pipes. Since the chicken tractor does not have a floor, the chickens are able to be on pasture all the time while still being protected from predators. The chicken tractor is moved every day so that the chickens are always on fresh grass. This helps to keep them clean, allowing them to forage for grass, seeds, and insects, as well as helps to fertilize next year's garden. Studies also show that the meat from chickens raised on pasture has a superior nutritional quality compared to conventionally-raised chicken meat, with more nutrients and a lower total fat content. Our chickens are always fed a diet free from GMO's and medications.



Meat Cut	Price
Whole Chicken	\$4.00/lb
Chicken Breast (boneless & skinless)	\$7.00/lb
Ground Chicken	\$6.00/lb
Chicken Thighs (bone-in)	\$4.00/lb
Chicken Drumsticks	\$3.50/lb
Chicken Wings	\$3.00/lb
Chicken Backs (for broth)	\$2.00/lb
Chicken Giblets (liver & heart)	\$2.50/lb