



# Pork

## Pasture Raised & Fed a GMO, Chemical and Medication Free Diet

At The Procter Center, our heritage breed pigs are raised on pasture. They are free to roam around a large field and root into the soil to forage for grass, seeds, and insects, all while fertilizing next year's garden! On a warm, summer day, you will find our pigs lounging in their self-created mud pit or wagging their tail while they root around in the soil. Studies show that pork raised on pasture has a superior nutritional quality compared to conventionally-raised pork, with more nutrients and a lower total fat content. Our pigs are always fed a diet free from GMO's, chemicals, and medications.



Meat Cut	Price
Bacon	\$11.00/package (about 1 lb)
Boneless Pork Loin	\$8.00/pound
Bulk Sausage	\$7.00/package (about 1 lb)
Ham Hocks	\$5.00/pound
Ham Roast	\$8.00/pound
Ham Slices	\$10.00/package (about 1.5 lbs)
Lard	\$7.00/package (about 2 lbs)
Pork Chops	\$8.50/pound
Sausage Patties (Whole Hog)	\$16.00/package (8 1/4lb patties)
Shoulder Roast	\$7.50/pound
Shoulder Steak	\$7.00/package (about 1 lb)
Spare Ribs	\$11.00/package (about 2 lbs)